

AUBERGE SPA
AT AUBERGE DU SOLEIL "The Inn of the Sun"

OVERVIEW: A natural extension of California wine country's most luxurious country inn, Auberge du Soleil. Built for the exclusive use of the inn's guests, Auberge Spa occupies a 7,000- square-foot building overlooking the Napa Valley. It embraces a nurturing philosophy embodied by a unique menu of body and facial treatments, which utilize natural ingredients indigenous to the olive groves, valley, gardens and vineyards of the region. Because these ingredients are harvested daily, the menu of services they inspire changes on a seasonal basis to provide unique nourishment for the body and soul.

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LOCATION: Auberge Spa is nestled in the olive garden near the entrance to Auberge du Soleil's 33-acre grounds on the slopes of Rutherford Hill, in the eastern verge of the Napa Valley. Just off the Silverado Trail on the outskirts of the winemaking town of Rutherford, the inn is just 65 miles north of San Francisco, an hour-and-a-half drive from the Golden Gate Bridge.

DESCRIPTION: The philosophy of Auberge Spa was carefully integrated into the design of a structure that offers each guest an opportunity to reconnect with themselves, each other and nature in an intimate environment. Anchored by a central courtyard punctuated by fountains and 100-year old olive trees, the spa reflects the French country inn charm and elegant simplicity of Auberge du Soleil.

The eight treatment rooms - including three designed specifically for couples - surround the courtyard, each bathed in natural light streaming through French doors that lead to a private patio with outdoor shower or tub. The Melisse Suite, specifically designed as a luxury couples room with breathtaking views of the valley below, a fireplace and private yard with a soaking tub where guests may enjoy relaxing and sunbathing *au naturel*. This suite is also ideal for up to four guests for celebrations such as birthdays and intimate wedding showers, allowing guests to rotate through a series of treatments while sipping Napa sparkling wine.

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Entering the spa courtyard, guests pass the natural source for its three springs showcased in artfully landscaped outdoor pools – one cold, one hot and a stunning, warm infinity spring that appears to melt into the verdant valley. All are an integral part of the experience, intended to encourage a reconnection to nature and spirit.

TREATMENT

PHILOSOPHY: Dedicated to creating a balance between the bounty of the Napa Valley with the latest skin care research and philosophy. Each day, fresh ingredients are gathered and skillfully prepared to provide the basis for a seasonal menu of innovative treatments, defined by four distinct categories as they relate to the region.

**TREATMENT
CATEGORIES:**

The Valley

Based upon mud and minerals, the healing properties of which drew people to the Napa Valley long before its vineyards. Their anti-inflammatory qualities and re-mineralization restores cellular balance.

The Grove

Based upon olive oil, which has been proven to contain exceptionally high levels of squalene, a valuable ingredient in anti-wrinkle preparations. Squalene has the ability to penetrate deeply into the skin because of its perfectly defined molecular structure. Auberge Spa blends the finest olive oils to take advantage of squalene’s excellent emollient and moisturizing properties to promote soft, silky skin.

The Garden

Based upon herbs and flowers, which grow abundantly in the fertile gardens and on the hillsides of the Napa Valley. Freshly harvested herbs and flowers will be used in concert with essential oils for the skin and nourishment for the body and mind.

The Vineyard

Based upon grapes; very few skin care ingredients can boast the impressive array of benefits that grape seeds possess. They have the highest concentration of antioxidants, 20 times stronger than vitamin C and 50 times more potent than vitamin E.

Grape seed polyphenols are scavengers that seek out damaging free radicals, which attack the skin and accelerate aging. These miracle seeds stimulate collagen synthesis and can reverse signs of aging.

Each of the four categories includes: massage, facial, exfoliation, masque and wrap, foot therapy and hair and scalp treatment.

PRODUCTS: The Garden treatments use Prima Fleur Botanicals, which are dedicated to the reinforcement of man’s miraculous relationship with nature. The Vineyard treatments use Napa Valley Spa Products, which use grape seeds from forty-two different Napa Valley wineries. Tara Spa Bath Oils are used to integrate the healing power of hydrotherapy, aromatherapy and herbs with certified organic and wild-crafted herbal extracts, 100% pure essential oils, sea minerals and electrolytes.

ARCHITECTS: Walker & Moody Architects, San Francisco, CA
Sandy Walker, Aldo Torigo, Ben Ferall
Landscape: Steven R. Arns
General Contractor: Frank Borges, Jr.

AFFILIATION: Auberge Resorts is a collection of exceptional hotels, resorts and private clubs, each with a unique personality that assures a memorable guest experience. Among the distinctive properties are Auberge du Soleil, Napa Valley; Esperanza, Cabo San Lucas; Calistoga Ranch, Napa Valley; The Inn at Palmetto Bluff, South Carolina; Encantado, Santa Fe; Rancho Valencia Resort and Spa, Rancho Santa Fe, Calif, with several others currently in development. While Auberge Resorts nurtures the individuality of each establishment, all are characterized by a set of communal elements: intimate, understated elegance; captivating locations that inspire exceptional cuisine and spa experiences; and gracious yet unobtrusive service. For more information about Auberge Resorts, please visit www.aubergeresorts.com.

Auberge du Soleil is also a member of Relais & Châteaux, the prestigious global hospitality association of intimate, elegant and independently owned hotels and acclaimed restaurants. Founded in 1954 in France, the association is comprised of 480 luxurious establishments in 56 countries.

RESERVATIONS: Call Auberge du Soleil at 800-348-5406 or 707-963-1211 or fax 707-963-8764.

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